

IKE

Name: _____ PSU ID: _____

Co-Curricular Activities Component

Activities Tracking Sheet

This component is fulfilled by participating in a number of intercultural activities, lectures, meetings, student organizations, etc. equaling 60 units. The units are calculated from an approved list maintained by the International Programs and Services office. This list is posted in the IKE ANGEL group in the Co-Curricular Activities folder.

This is the official sheet to keep track of the events and activities you participated in to complete the Co-Curricular component of the IKE program. Please list events under appropriate categories and print out more sheets as necessary. Any event that requires a signature will be kept on these papers. The signature sheets must be handed in to the IKE administrators in the International Programs & Services office, Whitesitt 118.

EVENTS: performances, films, art shows, exhibits, lectures, seminars, brown bags, etc.

In order for an IKE student to be awarded the points for attending the event, the students will need to post on ANGEL in the Co-Curricular folder a one page description of the event and explain why it had international value. Also students must complete the table below including getting the signature of the officer or coordinator of the event.

| Name & description of event | Time, place, & date | Signature of officer & email | Number of points |
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CLUBS & ORGANIZATIONS:

In order to earn points you must write a paragraph explaining why participating in the club or organization was of international value to you. This paragraph must be appropriately titled and uploaded to the Co-Curricular folder in the ANGEL IKE group page. Also students must complete the table below including getting the signature of the officer or coordinator of the event.

| Name of club or organization | Membership, program, or activity | Signature of officer & email | Number of points |
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VOLUNTEER ACTIVITIES:

In order to earn points in this category, students must write a paragraph describing their volunteer experience and why it was of international value. The paragraph will be uploaded into ANGEL into the Co-Curricular folder in the IKE ANGEL group. Also students must complete the table below including getting the signature of the officer or coordinator of the event.

| Name & description of volunteer activity | Time, place, & date | Signature of officer & email | Number of points |
|------------------------------------------|---------------------|------------------------------|------------------|
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Signature

Date

